

# 3 Ways to Motivate

## BEGIN WITH THE WHY

Starting with the "why" can add the purpose you need to motivate your students! This can be done through a challenge opportunity, future career opportunity, or by posing a dilemma that exists in your community and debating its solution.

A "Why" can drive you towards your goals. Give your students the same courtesy. Everyone needs a why!



## USE MENTORS TO DRIVE THE MESSAGE

Often, a message comes through loud and clear when voiced by a new face! Choose to connect with other experts to echo your message. This may include the purpose behind your content or the value education can bring long term. Consider a face to face classroom visit or virtual video call! Regardless of the message, allow your students to receive mentorship from other supports!



## MOVE & GROOVE

Student motivation can be sparked through physical movement! Engage your students by having them walk/run during the tasks, clap to keep a beat, associate movement with specific parts of the lesson, or find an alternative way to get your students out of a silly desk & out on the dance floor!

